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7th Annual

Winter Warrior MARTIAL ARTS SYMPOSIUM Portage Jiu-Jitsu

Featuring:
Aikido/Bokken
Traditional Jiu-Jitsu
Ninjutsu
Brazilian Jiu-Jitsu: Grappling

Saturday
February 06, 2010
Southport Rec Centre
Portage la Prairie

REGISTRATION AND WAIVER FORM: *Winter Warrior 2010*

Name _____ Phone _____ email _____

Registration Fee = Full Day \$65.00 Half Day \$40.00 Kids Class \$20.00

Please make Cheques/Money orders payable to "*Portage Jiu-Jitsu Club*"
Mail Payment and this form to: Rick Williamson, Box 68, Southport MB R0H 1N0

WAIVER I hereby agree to waive any claims, actions, costs, expenses, and/or demands against any person or persons associated with Portage Jiu-Jitsu/Winter Warrior with respect to any injuries that I may sustain, accidental death, loss or damage to my personal property howsoever caused and likewise assume full responsibility for all actions in connection with said Portage Jiu-Jitsu/Winter Warrior. I further agree that pictures taken of me in connection with Portage Jiu-Jitsu/Winter Warrior activities can be used for publicity or promotion without compensation. It is understood and agreed that this agreement is to be binding on myself, my heirs, executors set My/Our Hand and Seal

Registrant's Signature _____ Date _____

Parent/ Guardian, Co-signer Signature _____ (Registrant is under 18)

How Do You Get to Southport?

It's easy. Take TransCanada Hwy #1 west of Winnipeg to Portage la Prairie (about 45 minutes). Stay on #1 and by-pass Portage. Take the Southport exit (#240) Go south on #240 and it will take you straight into Southport (about a 2 minute drive). Once you get to Southport the Recreation Centre is easy to find. Showers and change rooms are available. Visit www.portagejiu-jitsu.net for a map.

<i>Program for the Day</i>	
8:15 a.m. to 9:15 a.m.	Registration
9:15 a.m. to 9:25 a.m.	Warm Up
9:25 a.m. to 10:25 a.m.	First Session
10:30 a.m. to 11:30 a.m.	Second Session
11:30 a.m. to 12:30 p.m.	Intermission
LUNCH AVAILABLE ON SITE	
12:30 p.m. to 1:30 p.m.	Third Session
1:35 p.m. to 2:35 p.m.	Fourth Session

Aikido/Bokken

instructed by Doug Reichert

Doug Reichert Sensei, 3rd Dan in Aikido. Doug Reichert began training in Aikido in 1992 with the Ki Society and transferred to Iwama Ryu Aikido in 1999. He became head instructor of the Aikido of Winnipeg dojo in August, 2004.

The bokken is a great tool for those wanting to learn the use of the sword and as a training tool for empty hand techniques. We will start with the basics of holding the bokken, proper stance and individual practice. The session will continue with partner practice, where we will apply both bokken-to-bokken practice and bokken taking techniques.

www.aikidowinnipeg.com

Ninjutsu

instructed by Angelo Mendoza

Ninjutsu is an ancient martial arts system with deep roots in the history of Japan. Ninjutsu training includes locks and strikes, breakfalls, and learning rolls. It also involves the learning of armed and unarmed combat. This Ninjutsu seminar will introduce these elements of this ancient Martial Art as instructed by Sensei Angelo Mendoza, 4th Dan Ninjutsu, 6th Dan Karatedo, Chief Instructor of Bushido-Kai Canada Martial Arts. In addition, Sensei Mendoza holds black belts in Okinawan Kobudo and Iaido (Canadian Iaido Association). Sensei Mendoza has been practicing and instructing Martial Arts for over 30 years. He was a member of the Special Forces Unit in the Nicaraguan Army where he trained and instructed in the tactics of jungle warfare.

www.bushido-kai.ca/Shihan.html

Traditional Jiu-Jitsu

instructed by C. D. Bissett

Sensei C. D. Bissett is the current head of the Jishin-Ryu of Jiu-Jitsu style. With over 30 years of experience, Sensei Bissett is one of Canada's top self-defense and personal protection instructors. Sensei Bissett currently holds an 8th Degree Black Belt in Jiu-Jitsu and a 7th Degree Black Belt in Tai-Jitsu. Chris Bissett is the top ranked Tai-Jitsu instructor in the country.

Sensei Bissett will lead sessions focusing on a variety of traditional Jiu-Jitsu techniques.

www.bissettjiu-jitsu.com

Brazilian Jiu-Jitsu: Grappling

instructed by Curtis Brigham

Curtis Brigham holds a black belt in Brazilian Jiu-Jitsu and is a mixed martial artist from Winnipeg. He has won several U.S. MMA competitions in his division, has trained in Brazil and still holds the World Freestyle Fighting 145 lb. Title. He has operated his own mixed martial arts academy since 2003.

Curtis Brigham will be instructing Brazilian Jiu-Jitsu grappling techniques.

www.sherdog.com/fighter/Curtis-Brigham-394